

Place	Name	Swim	T1	Cycle	T2	Run	Time	Bib No	Age Group	Team
1	James Amy	10:57	0:58	31:18	0:48	18:38	1:02:41	1	M 40 to 49	Medway Tri
2	Adam Tanner	12:15	1:23	31:39	0:42	18:27	1:04:27	116	M 30 to 39	Greenwich Tritons
3	Mark Laing	11:16	1:01	33:25	0:49	18:37	1:05:10	68	M 40 to 49	Medway Tri
4	James Donaldson	11:55	1:26	31:57	0:42	19:22	1:05:25	32	M 20 to 29	Greenwich Tritons
5	Steven Beaney	11:52	1:00	35:24	0:53	18:13	1:07:24	5	M 30 to 39	Medway Tri
6	Adam Bailey	13:50	2:01	32:24	0:56	20:00	1:09:11	3	M 20 to 29	Greenwich Tritons
7	Patrick Hannah	13:24	1:32	34:26	0:52	19:14	1:09:28	52	M 20 to 29	Greenwich Tritons
8	Jonathan Jackson	12:24	1:48	32:50	1:00	21:46	1:09:50	61	M 30 to 39	Greenwich Tritons
9	Anthony Vince					1:10:00	1:10:00	122	M 30 to 39	Mid Sussex Tri
10	Jonathan Battye	14:41	1:20	34:38	0:47	18:35	1:10:03	4	M 30 to 39	Clapham Chasers
11	Dean Painter	11:38	0:59	35:33	0:49	21:03	1:10:05	98	M 50 to 59	Medway Tri
12	Richard Greatbatch	13:03	1:28	33:31	0:48	21:58	1:10:51	47	M 40 to 49	Farrow Triathlon Club
13	Michael Sheldon	14:42	1:24	34:38	0:52	19:55	1:11:32	109	M 30 to 39	Greenwich Tritons

14	Jason Forbes	14:50	2:18	34:49	1:01	20:12	1:13:11	42	M 30 to 39	
15	Neil Hilton	15:29	2:03	35:02	1:11	19:51	1:13:39	57	M 30 to 39	
16	Robert Brackstone	12:52	1:13	36:15	1:02	22:18	1:13:43	9	M 40 to 49	Medway Tri
17	stephen fisher	14:26	1:45	36:31	1:02	20:10	1:13:56	41	M 40 to 49	Ocean Lake Tri
18	Isaac Griffiths	14:14	1:34	35:40	1:00	21:37	1:14:07	50	M 20 to 29	Greenwich Tritons
19	sophie johnson	13:00	1:14	36:40	0:57	22:16	1:14:09	62	F 20 to 29	Greenwich Tritons
20	Mark Hooker	11:35	1:41	38:31	0:51	21:43	1:14:24	58	M 20 to 29	
21	Ronan Keohane	13:30	1:33	36:23	1:15	20:58	1:14:41	66	M 30 to 39	
22	Richard Tomlinson	17:16	1:52	36:53	0:58	17:59	1:15:00	118	M 40 to 49	Med and Maidstone AC
23	Darren last	13:41	1:36	38:25	1:29	21:16	1:16:28	70	M 40 to 49	Medway Tri
24	Gary Jull	14:57	1:46	36:08	1:46	21:53	1:16:32	64	M 40 to 49	
25	Thomas Coghill	13:02	1:35	37:22	1:42	22:56	1:16:38	17	M 40 to 49	Greenwich Tritons
26	Edmund Jones	15:01	1:50	37:46	1:03	21:07	1:16:50	63	M 20 to 29	Imperial College Tri
27	Sam Kavanagh	12:16	1:27	39:24	1:05	22:51	1:17:06	65	M 30 to 39	Greenwich Tritons

28	Tom Ralph	13:44	2:26	38:29	1:45	22:34	1:19:00	105	M 30 to 39	Greenwich Tritons
29	Jonathan Tostevin	12:48	1:50	40:20	1:19	23:13	1:19:32	119	M 30 to 39	
30	Siobhan Curtis	15:50	1:55	36:36	1:23	23:58	1:19:43	23	F 30 to 39	
31	scott fenwick	15:21	1:43	40:15	0:50	21:36	1:19:48	40	M 40 to 49	Greenwich Tritons
32	Steve Marwood	15:25	2:45	38:14	0:57	22:28	1:19:51	83	M 40 to 49	Ocean Lake Tri
33	Lizzie Williams	13:37	1:35	39:50	1:17	23:45	1:20:06	128	F 20 to 29	Greenwich Tritons
34	martin beardmore	16:38	1:21	40:56	1:00	20:21	1:20:18	6	M 30 to 39	
35	Andrew Griffiths	16:10	1:47	38:26	1:18	23:30	1:21:13	49	M 30 to 39	
36	Nick Blyton	15:58	2:41	38:15	1:08	23:19	1:21:23	8	M 40 to 49	Greenwich Tritons
37	Mark Draycott	16:35	2:27	38:23	1:39	22:21	1:21:27	33	M 40 to 49	Metropolitan Police
38	Peter Cornwell	13:47	2:16	41:28	1:19	22:51	1:21:44	21	M 40 to 49	Ocean Lake Tri
39	Gareth Pritchard	15:40	1:56	39:12	1:05	23:54	1:21:49	102	M 50 to 59	Ocean Lake Tri
40	Richard Clark	13:28	2:13	39:07	1:42	25:32	1:22:04	16	M 50 to 59	
41	Mark Richards	16:44	2:11	38:50	1:10	23:16	1:22:13	106	M 50 to 59	

42	Paul Doe	13:53	0:59	42:53	0:50	23:40	1:22:17	31	M 30 to 39	Ocean Lake Tri
43	Michael Duggan	14:24	1:58	39:41	1:17	25:40	1:23:01	34	M 40 to 49	Ocean Lake Tri
44	Greg Morris	13:11	2:24	41:19	1:21	24:49	1:23:05	89	M 60 to 69	Orpington Road Runners
45	Sarah Easton	14:11	1:52	41:18	1:24	25:02	1:23:50	36	F 30 to 39	Medway Tri
46	Paul Darbyshire	14:48	2:47	42:09	1:25	23:29	1:24:41	26	M 30 to 39	
47	Leanne Lyons	18:09	2:21	41:02	1:01	22:17	1:24:52	78	F 20 to 29	Imperial College Tri
48	Trevor Wignall	19:08	1:46	41:10	1:05	21:41	1:24:53	125	M 50 to 59	Ocean Lake Tri
49	Freya Espir	18:39	2:10	40:43	1:20	22:17	1:25:12	38	F 20 to 29	
50	Marcus Griffiths	16:42	3:01	41:48	12:31	11:30	1:25:34	48	M 30 to 39	
51	Isabel Wignall	12:31	1:30	45:14	1:04	25:14	1:25:35	127	F U20	Ocean Lake Tri
52	Lizzie Church	15:32	2:46	41:33	1:56	24:04	1:25:53	14	F 20 to 29	Greenwich Tritons
53	Kate Fry	15:39	2:20	43:03	1:29	23:26	1:25:59	44	F 30 to 39	
54	Belinda Harrison	16:49	2:10	41:12	1:36	24:14	1:26:02	53	F 40 to 49	Medway Tri
55	Nichola Wignall	15:27	1:34	41:58	1:05	26:16	1:26:22	126	F 50 to 59	Ocean Lake Tri

56	Philip Proudman	18:56	1:28	40:21	1:08	24:30	1:26:25	103	M 40 to 49	Ocean Lake Tri
57	Gina Charleton	13:53	2:06	45:02	1:06	24:37	1:26:46	12	F 30 to 39	
58	Ralph Wootton	16:08	1:39	42:16	1:35	25:52	1:27:32	130	M 30 to 39	Greenwich Tritons
59	Martin Miller	16:43	1:16	41:19	1:34	26:44	1:27:38	87	M 40 to 49	
60	Jenny Duggan	17:23	1:36	43:11	1:02	24:16	1:28:30	35	F 40 to 49	Ocean Lake Tri
61	Edward Heardman	17:46	2:46	40:48	1:24	25:53	1:28:39	54	M 40 to 49	Thanet Roadrunners
62	Jason Fazackerley	14:34	1:34	42:52	1:12	28:27	1:28:40	39	M 40 to 49	
63	Bob de Groot	15:55	2:43	41:37	3:18	25:58	1:29:32	27	M 50 to 59	
64	steven parsons	19:15	3:14	41:34	1:47	23:56	1:29:48	99	M 40 to 49	Dartford Harriers
65	Ben Dickinson	15:52	2:26	40:28	1:33	29:27	1:29:48	29	M 30 to 39	
66	Ralph Petts	21:27	1:52	39:45	1:13	25:50	1:30:09	100	M 60 to 69	Dartford Harriers
67	Anthony Hua	22:01	1:58	42:48	1:10	22:34	1:30:33	59	M 30 to 39	
68	Gustav Deysel	18:46	3:34	40:58	1:40	26:00	1:31:02	28	M 30 to 39	
69	Andrew Byard	18:08	2:24	42:07	1:15	27:28	1:31:25	11	M 50 to 59	Dartford Harriers

70	Mark Watson	16:01	2:55	43:53	1:12	27:36	1:31:39	124	M 30 to 39	
71	Robert Coombes	18:29	2:50	41:54	1:16	27:09	1:31:41	20	M 60 to 69	Dartford Harriers
72	Paul Garrity	20:00	2:29	41:09	1:14	27:09	1:32:03	45	M 50 to 59	
73	Jozef Uhrin	16:48	2:21	45:25	1:11	26:24	1:32:11	120	M 30 to 39	
74	Martin Hillier	17:49	2:10	45:13	1:29	25:47	1:32:30	55	M 40 to 49	Ocean Lake Tri
75	Julian Martingano	15:01	3:48	45:05	2:22	26:26	1:32:45	82	M 40 to 49	
76	Alasdair Chisholm	15:25	4:30	41:33	2:16	29:41	1:33:27	13	M 30 to 39	
77	Jane O'Rahelly	17:26	3:10	44:07	1:39	27:41	1:34:04	95	F 20 to 29	
78	amy Griffiths	15:35	3:58	47:24	1:22	26:02	1:34:24	51	F 20 to 29	
79	Graham Appleby	19:34	2:25	44:38	0:59	27:01	1:34:38	2	M 50 to 59	
80	Chris Rust	21:02	2:22	43:00	0:47	27:30	1:34:43	107	M 60 to 69	Dartford Harriers
81	Adam Williams	16:05	4:04	47:16	2:46	25:44	1:35:57	129	M 30 to 39	
82	Rohit Solan	19:49	2:20	45:07	1:35	27:36	1:36:28	114	M 30 to 39	
83	Olivia Leroutier	17:33	2:38	49:55	1:42	24:40	1:36:29	73	F 40 to 49	Ocean Lake Tri
84	Rishi Solan	18:37	2:29	48:42	1:08	25:50	1:36:49	113	M 30 to 39	

85	Kevin Smith	16:17	4:11	44:12	3:45	29:20	1:37:46	111	M 30 to 39	
86	Rakesh Mottey	19:14	2:50	43:40	2:39	32:11	1:40:36	90	M 30 to 39	Clapham Chasers
87	Branislava Loakim	16:48	2:23	47:23	1:24	33:02	1:41:02	60	F 30 to 39	
88	Hilary Logan	18:39	3:33	43:33	2:01	35:07	1:42:56	76	F 30 to 39	Greenwich Tritons
89	Richard Mullings	20:06	2:59	43:59	2:22	34:12	1:43:40	92	M 40 to 49	Just Another Mile
90	Anthony Lee	21:51	5:52	45:57	3:05	26:58	1:43:44	71	M 50 to 59	
91	Michael Fry	22:28	2:57	49:45	1:47	27:18	1:44:16	43	M 40 to 49	
92	Kat McVicar	15:05	1:58	48:08	1:33	37:34	1:44:20	85	F 20 to 29	Dartford & White Oak Triathlon Club
93	John Hilton	22:09	2:35	47:49	2:19	29:39	1:44:32	56	M 50 to 59	
94	Hannah Church	19:29	3:01	49:23	2:19	31:10	1:45:24	15	F 20 to 29	
95	Susana Novo	23:19	3:07	48:44	1:36	29:30	1:46:18	94	F 30 to 39	Newmarket cycl and tri
96	Lynn Miller	20:58	3:10	50:05	1:13	33:31	1:49:00	88	F 40 to 49	
97	Jamie Dalton	20:36	2:23	49:35	5:55	32:16	1:50:47	25	M 20 to 29	
98	Paul Sav	18:00	6:03	53:13	1:16	32:16	1:50:50	108	M 30 to 39	
99	Louise Sherlock	18:34	4:29	55:46	0:58	31:05	1:50:55	110	F 40 to 49	

100	Jools Owen	20:35	4:01	55:11	1:08	30:16	1:51:13	97	F 40 to 49	Orpington Road Runners
101	Paige Ward	21:53	2:12	1:00:35	0:54	27:38	1:53:14	123	F 20 to 29	