

## Sunday 2<sup>nd</sup> June 2019 Sprint Triathlon

Place	Bib Number	First Name	Last Name	Swim Time	T1 Time	Cycle Time	T2 Time	Run Time	Gun Time	Age Group Description	Team Name
1	77	Chris	Stanton	10:26	0:38	30:20	0:32	18:39	1:00:37	M 30 to 39	Tri surrey
2	3	James	Amy	10:40	0:48	32:07	0:43	19:49	1:04:09	M 40 to 49	Medway Tri
3	80	Adam	Tanner	13:20	1:16	30:05	0:51	19:01	1:04:34	M 40 to 49	Greenwich Tritons
4	51	Nigel	Lynch	10:35	1:07	33:09	0:39	19:24	1:04:55	M 40 to 49	Medway Tri
5	43	Matthew	Howson	9:45	0:38	35:57	0:30	19:24	1:06:16	M U20	Medway Tri
6	38	Daniel	Gower	12:35	1:21	33:19	0:38	18:39	1:06:34	M 30 to 39	VO2 Max RT
7	22	Simon	Culver	11:43	1:10	34:31	0:39	18:43	1:06:48	M 30 to 39	Beckenham Running Club
8	20	James	Cooper	12:29	0:51	33:29	0:40	19:37	1:07:09	M 30 to 39	
9	70	Austin	Rhodes	11:05	0:52	36:34	0:44	20:33	1:09:50	M 20 to 29	Medwaytri
10	30	Mark	Fletcher	13:10	0:51	33:45	0:43	22:00	1:10:31	M 40 to 49	
11	10	Michael	Bishop	13:00	1:10	34:59	0:42	21:07	1:11:00	M 30 to 39	
12	56	Paul	Mason	12:28	1:04	35:52	0:54	20:46	1:11:05	M 40 to 49	Medwaytri

13	62	Matt	Nunn	11:38	0:48	35:11	0:43	23:56	1:12:17	M 30 to 39	Medway Velo
14	35	Robert	Game	14:20	0:52	35:29	0:46	20:50	1:12:19	M 50 to 59	Cousley Wood Trailers
15	87	Richard	clark	14:15	0:57	34:54	0:57	22:15	1:13:20	M 50 to 59	
16	68	Andrew	Pole	13:32	1:11	35:20	0:46	23:07	1:13:58	M 40 to 49	Medwaytri
17	25	Mark	Draycott	12:50	0:40	34:04	0:41	25:52	1:14:09	M 40 to 49	
18	8	Guy	Bellamy	15:04	1:26	36:55	0:42	20:27	1:14:37	M 40 to 49	
19	14	Sam	Brown	15:34	1:42	34:21	0:59	22:39	1:15:17	M 40 to 49	Greenwich Tritons
20	26	James	Evans	14:22	1:53	37:01	0:59	22:03	1:16:19	M 40 to 49	Ocean Lake Tri
21	61	Maciej	Murawski	13:21	1:52	36:50	0:55	23:19	1:16:20	M 30 to 39	
22	66	Nicholas	Perry	12:38	1:20	38:32	0:54	22:55	1:16:21	M 40 to 49	Ocean Lake Tri
23	2	Victor	Adepegba	14:36	2:26	38:30	0:55	19:55	1:16:24	M 40 to 49	
24	60	Steve	Morris	11:37	1:51	39:11	0:55	22:53	1:16:28	M 40 to 49	Orpington Ojays SC
25	40	Nick	Hatcher	13:16	1:36	36:43	0:55	24:03	1:16:35	M 40 to 49	
26	12	Robert	Brackstone	12:16	1:16	36:26	1:01	26:03	1:17:03	M 40 to 49	Medway Tri
27	72	Matthew	Ryder	13:56	1:53	38:51	0:43	21:56	1:17:22	M 30 to 39	Ocean Lake Tri

28	1	Mike	Abousselam	14:45	1:57	36:56	1:23	22:29	1:17:32	M 60 to 69	Dartford and White oak
29	58	Andrew	Milne	15:55	2:26	38:36	1:04	19:59	1:18:02	M 30 to 39	
30	7	Lucy	Baxter	15:37	1:46	40:03	0:45	20:06	1:18:19	F 20 to 29	
31	42	Jo	Hovenden	13:35	0:48	38:20	0:39	25:19	1:18:42	F 30 to 39	Medwaytri
32	88	Randolph	Burt	16:14	2:43	36:51	0:58	22:14	1:19:02	M 40 to 49	Ocean Lake Tri
33	24	mario	diaz	14:28	2:38	40:19	0:39	21:11	1:19:17	M 30 to 39	
34	44	Howard	kearns	15:33	3:11	37:17	1:10	22:17	1:19:30	M 40 to 49	
35	82	Nick	Wigston	18:41	0:51	37:23	0:38	22:04	1:19:38	M 40 to 49	Ocean Lake Tri
36	32	Stuart	Fox	17:31	2:25	36:08	0:54	23:08	1:20:08	M 40 to 49	
37	86	Lucy	Tomlinson	12:49	1:14	40:43	1:13	25:04	1:21:04	F 40 to 49	Ocean Lake Tri
38	59	Jordan	Moir	15:30	1:48	38:44	0:48	24:14	1:21:07	M 30 to 39	Ocean Lake Tri
39	76	Jamie	Spillett	13:24	1:31	40:04	0:57	25:21	1:21:19	M 40 to 49	Ocean Lake Tri
40	85	Richard	White	15:05	2:17	40:11	1:10	23:31	1:22:15	M 30 to 39	
41	34	Nick	Freeman	17:52	2:00	41:21	0:48	21:15	1:23:18	M 40 to 49	Sittingbourne Striders Tri
42	48	Tony	Lamb	18:26	1:41	41:55	0:44	21:16	1:24:04	M 40 to 49	

43	57	mark	mckenna	14:48	0:51	39:28	0:46	28:15	1:24:09	M 40 to 49	Ocean Lake Tri
44	16	Warren	Carey	14:57	2:23	42:55	1:16	22:45	1:24:18	M 30 to 39	
45	5	Ben	Barnett	18:02	2:10	40:36	1:00	22:30	1:24:19	M U20	
46	21	robert	corbett	13:10	2:37	39:50	1:25	27:23	1:24:27	M 50 to 59	Bromley tri
47	52	Cliff	Lyons	18:25	1:34	35:56	1:01	28:36	1:25:33	M 50 to 59	Greenwich Tritons
48	63	Michael	O'Brien	14:56	2:06	41:14	1:04	26:40	1:26:02	M 40 to 49	
49	4	Tony	Baccarini	15:38	2:06	38:17	1:11	28:58	1:26:11	M 40 to 49	
50	67	Ralph	Petts	19:07	1:38	40:26	0:49	26:02	1:28:04	M 60 to 69	Dartford Harriers
51	73	Greg	Savides	14:59	2:16	40:53	1:29	28:26	1:28:05	M 40 to 49	
52	36	Rupert	Gibbs	12:27	4:10	41:51	2:08	27:36	1:28:15	M 40 to 49	Ocean Lake Tri
53	29	Gary	Fissenden	15:03	2:28	38:33	1:10	31:38	1:28:53	M 40 to 49	
54	53	Jay	MacBain	15:30	3:48	41:04	1:06	28:04	1:29:34	M 30 to 39	Medway Tri
55	13	Stephen	Briggs	18:37	2:36	41:29	1:20	25:33	1:29:38	M 60 to 69	Dartfords and White Oak
56	54	Fabrice	Marie	16:01	2:34	43:30	1:27	26:11	1:29:46	M 30 to 39	
57	74	James	Sealey	15:19	2:27	43:08	1:09	27:50	1:29:54	M 40 to 49	Orpington Road Runners

58	27	Gavin	Fage	15:46	2:38	49:43	0:45	21:51	1:30:44	M 40 to 49	
59	78	Jake	Stephens	16:58	1:55	44:20	0:58	27:03	1:31:15	M 20 to 29	
60	39	David	Harvey	20:01	1:52	42:14	1:08	26:13	1:31:30	M 40 to 49	
61	49	Monika	Limanowska	16:06	2:21	42:47	1:18	28:59	1:31:34	F 40 to 49	Medway Tri
62	81	Paul	West	16:18	2:04	43:09	1:18	28:56	1:31:48	M 30 to 39	
63	47	Olivia	Leroutier	18:34	1:29	45:43	1:15	25:21	1:32:23	M 40 to 49	Ocean Lake Tri
64	37	Guillermo	Gilabert	18:16	1:05	46:48	0:52	25:36	1:32:39	M 40 to 49	Ocean Lake Tri
65	65	Hannah	Paine	19:18	2:37	42:56	1:04	26:50	1:32:47	F 20 to 29	
66	6	Sharon	Barnett	18:40	2:59	46:42	1:02	23:25	1:32:51	F 40 to 49	Maidstone Harriers
67	33	Shawn	Fox	19:25	2:04	42:46	1:50	27:42	1:33:48	M 40 to 49	
68	28	jason	fazackerley	15:08	1:31	42:28	1:17	33:26	1:33:52	M 40 to 49	
69	17	Andy	Carter	19:48	2:21	44:04	2:00	25:59	1:34:14	M 50 to 59	
70	64	sorcha	page	17:06	2:36	43:06	1:42	33:47	1:38:18	F 40 to 49	
71	83	Sarah	Young	23:38	2:40	49:06	1:01	23:15	1:39:41	F 50 to 59	KentAC
72	71	Katherine	Rowney	18:42	1:30	46:33	1:12	32:03	1:40:02	F 50 to 59	Serpentine Club

73	31	Michelle	Fountain	21:50	1:41	45:40	1:02	30:58	1:41:12	F 40 to 49	Ocean Lake Tri
74	41	marie	helly	19:58	2:36	47:56	0:51	32:42	1:44:04	F 50 to 59	Kent AC
75	9	Sue	Beveridge	21:39	2:05	44:48	2:00	36:44	1:47:18	F 40 to 49	Medwaytri
76	19	Robert	Coombes	20:47	2:51	50:40	1:52	39:50	1:56:03	M 60 to 69	Dartford Harriers
77	55	Jade	Martin	20:09	4:20	58:03	2:12	37:03	2:01:48	F U20	